

INTERNATIONAL WOMEN'S DAY

The Milton Keynes Falcons Women's Ice Hockey Club is a dynamic team based at Planet Ice in Milton Keynes and consists of approximately thirty-five players with ranging ages from 14+. The squad consists of two teams: WNIHL and Development, providing opportunities for both developing and experienced athletes.

They compete in the WNIHL1 (Women's National Ice Hockey League 1), the second highest league in the UK, and the Frank Wright Conference (previously the Women's Development Cup).

The Milton Keynes Falcons Women's Ice Hockey club originated in 2000, and this year they are celebrating their 25th anniversary with limited edition jerseys. Please find further details on this on their Instagram and Facebook pages.

New this season, the U16s Storm girls have reformed, for younger girls aged 10-16. Find out more info at www.mkjihc.co.uk

Upcoming Home Fixtures:

09/03	U16s Girls vs Midlands Wrecking Raiders	4.15pm
19/04	Falcons Dev vs Chelmsford	4.15pm
27/04	Falcons WNIHL vs Chelmsford	6.30pm
04/05	Falcons Dev vs Peterborough	4.15pm
04/05	Falcons WNIHL vs Bristol Huskies Falcons	6.30pm
11/05	Falcons WNIHL vs Bracknell Firebee	6.30pm
18/05	Falcons Dev vs Streatham Storm	4.15pm



www.facebook.com/MiltonKeynesFalcons

www.instagram.com/mkfalcons

(Photo credit Chris Valentine)



ENDING PERIOD POVERTY

As a UK-registered volunteer-led charity, we provide free emergency period packs with the aim to make periods affordable. Girl Pack provides sanitary care packs to schools, community centres, and local government offices in Milton Keynes, with each pack containing sanitary towels, feminine wipes, knickers, and hand sanitiser.

We take pressure off families and support those in need, including young girls and those experiencing menopause. We are proud to support everyone's period, no matter what.

If you would like to support us and would like to make a donation then please visit our Justgiving page by scanning the QR code.



We need your help to make products more accessible and affordable. If you would like to become a partner, get in touch.

info@girlpack.org

www.girlpack.org

**GIRL
PACK**
SUPPORTING
EVERYONE'S PERIOD



PLAYER SIGNATURE



LIGHTNING



VS PETERBOROUGH PHANTOMS
SAT 08/03/2025 - 19:00

PROUDLY SPONSORED BY




LAST HOME GAME




SAT 01/03/25
SCORE 6 - 2

NEXT HOME GAMES



SAT 15/03/25 - 19:00
LEEDS KNIGHTS



FRI 21/03/25 - 19:30
ROMFORD RAIDERS

TBC
MAR 29 or 30 - TBC
PLAYOFF - ROUND ROBIN 1

TBC
APR 05 or 06 - TBC
PLAYOFF - ROUND ROBIN 2

TBC
APR 12 or 13 - TBC
PLAYOFF - ROUND ROBIN 3

PLAYERS

Bradley Bowering continued to be a cornerstone on the Peterborough Phantoms' blue line during the 2023/24 NIHL season. He contributed 39 points (5 goals, 34 assists) in 48 games, demonstrating his offensive capabilities from the back end. Bowering's consistency and solid defensive play also saw him contribute in the playoffs, adding another assist in 6 games. As the Phantoms enter the new season, Bowering's experience and leadership will be key to their defensive strength.



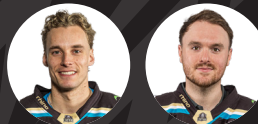
Austin Mitchell-King showcased his offensive skills during the 2023/24 NIHL season with the Peterborough Phantoms, recording 34 points (14 goals, 20 assists) in 36 games. His playoff performance added another 8 points (3 goals, 5 assists) in 8 games, proving his ability to perform in crucial moments. Known for his speed and scoring touch, Mitchell-King is expected to be a driving force for the Phantoms as they look to make a deep run in the upcoming season.

Luke Ferrara had a standout 2023/24 season with the Peterborough Phantoms, leading the team with 106 points (50 goals, 56 assists) in 54 games. His scoring prowess was evident throughout the season, and he continued to deliver in the playoffs with 12 points (6 goals, 6 assists) in 8 games. Ferrara's ability to find the back of the net consistently makes him one of the most dangerous forwards in the NIHL, and his leadership will be crucial as the Phantoms aim for success in the 2024/25 season.



RECENT MATCHES

MAN OF THE MATCH



With a superb hat trick on Saturday night, Sean Norris was awarded Man of the Match, his speed and skill helping to secure a vital 6-2 win against a strong Hull Seahawks side. On Sunday, against local rivals Peterborough Phantoms, it was Jordan Cownie who took the MOM honours with a goal and an assist in MK's 6-1 victory. A huge four-point weekend keeps MK firmly on track in their league title quest!

JORDAN COWNIE

PLAYER PROFILE



Jordan Cownie brings a wealth of experience to the Milton Keynes Lightning, joining the team for the 2024/25 season. Cownie had a productive 2023/24 season with the Glasgow Clan in the EIHL, tallying 26 points (7 goals, 19 assists) in 53 games. Known for his playmaking ability and vision on the ice, Cownie has consistently contributed offensively throughout his career. His addition to the Lightning roster is expected to enhance the team's offensive depth and provide valuable experience in key moments.

COACH'S COMMENTS



A focused desperate weekend was what we needed and that's exactly what we did. We got what we deserved and earned a 4 point weekend. The group is coming together nicely and playing the right way. Saturday we played with structure, pace and discipline. Hull have some dangerous players and we limited them to minimal chances. The crowd was great and we loved getting the job done in front of them. Sunday was one of our best performances of the year. I liked our physicality and willingness to win battles. Heds had a great weekend and shut the door when we needed him to. I am sure we will get a determined Phantom team on Saturday so we have to keep our foot on the gas right from the start. It is an exciting time of the year and we must stay even keel under any adversity we shall face. One day at a time from here on out. Let's keep her rolling.

HOME TEAM

PLAYER	GOALS	ASSISTS	PENS	SOG
#1 JORDAN HEDLEY (G)				
#4 ARCHIE SALISBURY (D)				
#5 JORDAN SPADAFORE (D)				
#10 TOMS RUTKIS (RW/C)				
#11 CALLUM FIELD (C)				
#14 DILLON LAWRENCE (C) "A"				
#15 JAMES GRIFFIN (D) "C"				
#16 MACK STEWART (RW/LW)				
#17 COREY MCEWEN (C)				
#24 CARTER HAMILL (C/LW)				
#25 EDWARD KNAGGS (D)				
#28 TIM WALLACE (C/RW)				
#29 OLLIE BOOTH (G)				
#31 WILLIAM KERLIN (G)				
#33 MILIQUE MARTELLY (D)				
#37 PATRIK FORSBERG (D)				
#59 ROSS VENUS (RW/LW/C) "A"				
#71 HARRY GULLIVER (F)				
#77 MARTINS SUSTERS (F)				
#86 SEAN NORRIS (F)				
#89 RIO GRINELL-PARKE (F)				
#95 JORDAN COWNIE (F)				
#96 BEN SOLDER (D)				

AWAY TEAM

PLAYER	GOALS	ASSISTS	PENS	SOG
#2 THOMAS NORTON (D)				
#4 NOJUS VENSUKTONIS (D)				
#5 NICHOLAS MARTIN (C/RW)				
#8 LOUIE KYNASTON (C)				
#11 SCOTT ROBSON (D)				
#13 CONNOR GLOSSOP (F)				
#19 LUKE FERRARA (LW) "C"				
#23 BRADLEY BOWERING (D) "A"				
#24 AUSTIN MITCHELL-KING (LW)				
#25 BILLY THORPE (D)				
#27 RICHARD HARTMANN (F)				
#29 CAMERON HOUGH (F/D)				
#30 HAYDEN LAVIGNE (G)				
#35 JOSEPH GRETTON (D/F)				
#37 MATHEW SAVILLE (D)				
#45 CALLUM BUGGLASS (D) "A"				
#50 LUKE CLARK (G)				
#62 JANNE LAAKONEN (LW/RW)				
#63 NATHAN POLLARD (F)				
#91 NATHAN SALEM (F)				
#95 JASPER FOSTER (LW)				
#96 JARVIS HUNT (C)				

MERCHANDISE

2024/25 PLAY OFF REPLICA JERSEYS



PLAY OFF - WARMUP



PLAY OFF - LIGHT



PLAY OFF - DARK

FROM
£60

